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# Cultural XPRESSION

EXCLUSIVE INTERVIEW

**RUNKIE HYTZ**

WYATTE OPEN LETTER TO

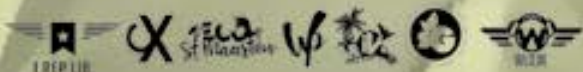
**PRIME MINISTER**

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# MAJOR FIGURES IN AFRO CARIBBEAN HISTORY

## Remembering Bert Williams Pt 4

By Wiki

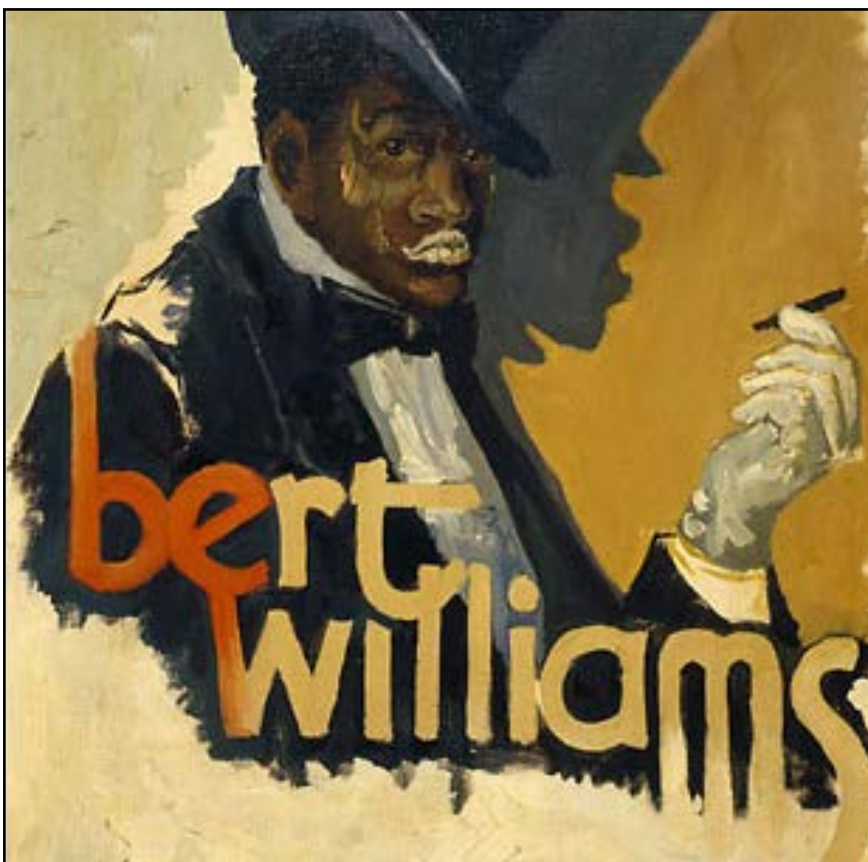
**BERT WILLIAMS**  
(November 12, 1874  
– March 4, 1922)

### Ziegfeld Follies

After Mr. Lode skidded to a halt, Williams accepted an unprecedented offer to join Flo Ziegfeld's Follies. The idea of a black-featured performer amid an otherwise all-white show was a shock in 1910. Williams' initial reception was cool, and several cast members delivered an ultimatum to Ziegfeld that Williams be fired. Ziegfeld held firm, saying: "I can replace every one of you, except [Williams]."

The show's writers were slow to devise material for him to perform, forcing Williams to repeat much of his vaudeville act. But by the time the show finally debuted in June, Williams was a sensation. In addition to his usual material, Williams appeared in a boxing sketch playing off the racially charged "Great White Hope" heavyweight bout that had just taken place between Jack Johnson and James J. Jeffries. Reviews were uniformly positive for Williams, and also for Fanny Brice, who was making her Broadway debut.

Following his success, Williams signed an exclusive contract with Columbia Records, and recorded four of the show's songs. His elevated status was signaled not just by the generous terms of the contract, but by the tenor of Columbia's promotion, which dropped much of the previous "coon harmony"-type sales



Bert Williams 1874-1922

patter and began touting Williams' "inimitable art" and "direct appeal to the intelligence." As Brooks wrote: "Williams had become a star who transcended race, to the extent that was possible in 1910." All four songs sold well, and one of them, "Play That Barber-shop Chord", became a substantial hit.

Few stage performers were recording regularly in 1910, in some cases because their on-stage styles did not translate to the limited technical media. But Williams' low-key natural delivery was ideal for discs of the time, and his personality was warm and funny.

Williams returned for the 1911 edition of the Ziegfeld Follies, teaming up in some sketches with the comedian Leon Errol to ecstatic effect. The best-received

sketch featured Errol as a tourist, and Williams as a porter using a mountaineer's rope to lead him across dangerously high girders in the then-unfinished Grand Central Station.

Errol's fast-taking persona and frenetic physical comedy gave Williams his first effective on-stage foil since Walker's retirement. Williams and Errol wrote the sketch themselves, turning it into a 20-minute centerpiece of the show after the Follies writers had originally given Williams but a single two-word line of dialogue. Williams also reprised his poker routine, and popularized a song called "Woodman, Spare That Tree."

The team of Williams, who was black, with the white Leon Errol was a groundbreaking pair-

ing that had never been seen before on the Broadway stage. Also notable was the relative equality of the duo in their sketches, with Williams delivering most of the punchlines and generally getting the better of Errol. At the conclusion of their Grand Central Station routine, Errol offered Williams a mere 5-cent tip, to which the aggrieved Williams deliberately loosened Errol's supporting rope, sending him plunging from the high girder. Then, a construction explosion below sent Errol shooting into the sky, unseen by the audience, while Williams laconically described his trajectory: "There he goes. Now he's near the Metropolitan Tower. If he can only grab that little gold knob on top... uh... um... he muffed it." After Williams' death a de-

cade later, Errol was the only white pallbearer at his funeral.

Williams continued as the featured star of the Follies, signing a three-year contract that paid him an annual salary of \$62,400, equivalent to \$1.5 million today. By his third stint, Williams' status was such that he was allowed to be onstage at the same time as white women—a significant concession in 1912—and started to interact with more of the show's principals.

In January 1913, he recorded several more sides for Columbia, including a new version of "Nobody," the 1906 copies having long since become scarce. All of the releases remained in Columbia's catalog for years. He continued to make several more recording dates for Columbia, though he stopped writing his own songs by 1915. He also began making film appearances, though most have been lost. One of them, A Natural Born Gambler, shows his pantomime poker sketch, and is the best-known footage of Williams available. [19] Part of an abandoned Williams comedy film, Lime Kiln Field Day, was found in the collection of the Museum of Modern Art and restored for its first screening in October 2014. The film featured an all-black cast, and the recovered footage included cast and crew interactions between scenes.

**MORE IN DEC 2018 EDITON**

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PLASTERED IN PRETTY BY N.C. MARKS, A NEW POP CULTURE NOVEL FROM ST. VINCENT & THE GRENADINES

**GREAT BAY,** St. Martin (November 27, 2018)—Plastered in Pretty by N.C. Marks is a new pop culture novel published here by House of Nehesi Publishers (HNP).

Marks, from St. Vincent and the Grenadines, has written a “ferocious depiction” of a world dominated by social media appearances, said Gerty Dambury, a Prix Carbet author based in France.

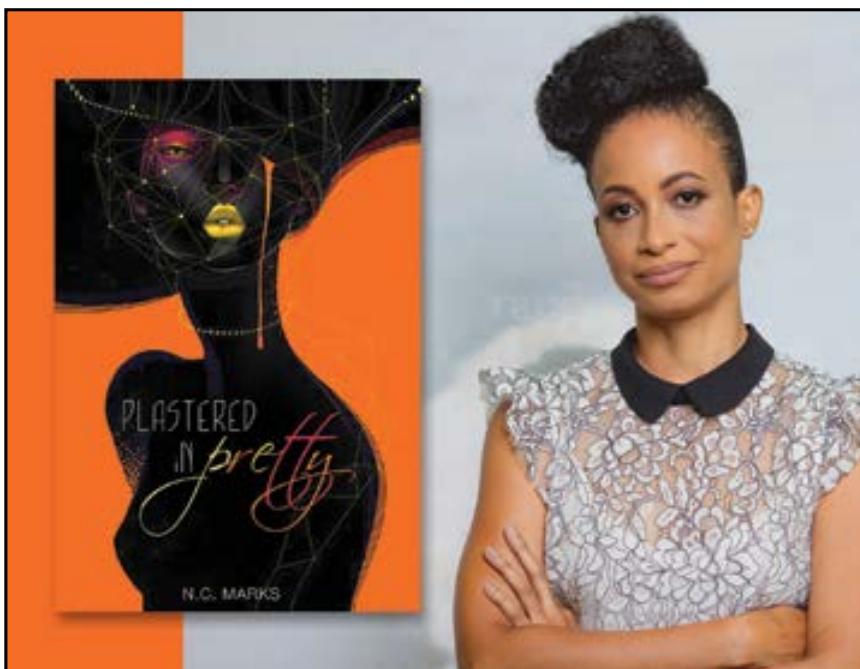
Plastered in Pretty is “a dystopian tale set in a Caribbean paradise. Facebook and Instagram are virtual religious icons. A pyromaniac burns a new-born in the late night, and civil servants chat only via WhatsApp,” said HNP president Jacqueline Sample.

Marks gave a sneak preview of

Plastered in Pretty at Montserrat’s literary festival on November 16. Audiences and book buyers were introduced to her fictional “friends with benefits, ‘Persons With Pedigree,’ and flamboyant vagrants,” said Sample.

New readers will also encounter “a car accident victim in distress over her \$1,000-hairpiece, a government minister’s ‘mysterious snake,’ and a church first lady protecting her psychopathic son with hush money. Yet the willful but fragile protagonist is not yet among this list of characters,” said Sample.

This uncustomary Caribbean novel is a seething 128 pages. It is “A must read glimpse of the digital age impact



(R) *Plastered in Pretty*, a dystopian novel by Vincentian author N.C. Marks. (© HNP photo.)

on the obsession with the need to be ‘liked’ and ‘pretty’ ... with surprises,” said Oral Gibbes, producer/host of Speaking of Everything, St. Martin’s leading TV talk-show.

While often fun-

ny, whether racing through Vincentian society, a Colombian prison, or embarrassment at a haute couture make-up counter in Paris, *Plastered in Pretty* takes no prisoners, said Sample.

Cindy Peters,

from Clark Atlanta University’s Department of Political Science, puts it like this: “Personal tragedy, body shaming, love triangles, sexual harassment intersect with challenges young adults face from material-

ism, globalization and unkind political systems. A cleverly written short novel.”

*Plastered in Pretty*’s bold cover is by the award-winning graphic designer Carole Maugé-Lewis. The striking digital portrait dominating the cover is entitled *Dark girl*, by illustrator Nguyen Thanh Nhan.

*Plastered in Pretty* by N.C. Marks is available at [spdbooks.org](http://spdbooks.org) (<https://bit.ly/2KeZmLL>), Gaymes Book Centre in St. Vincent and the Grenadines, Van Dorp in St. Martin, The Best of Books in Antigua, and Amazon. N.C. Marks is a University of London alumna and teaches geography at St. Vincent Girls’ High School.

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# WYATTE: LETTER TO PRIME MINISTER THANK YOU FOR MAKING A DIFFERENCE

NOV 9, 2018

**Att:** Prime Minister of St Maarten - Hon leona Marlin Romeo & Minister of VROMI Giterson

**Sub:** Open letter to Prime Minister Leona - Request for Documented Permission | Thank you for making a difference

**CC:** Council of Ministers, Prime Minister of St Maarten, Members of Parliament, Governor of St Maarten and The Tweede Kamer

Bless day Hon. Leona Marlin-Romeo, I would like to first thank you for taking time to allow me to sit in your presence on Nov 2, 2018.

First, I am documenting this letter as a legal document to stand as evidence and as an EXEMPTION to complete the REST ROOM FACILITY WITH GALVANIZE ROOFING at the St Maarten Agricultural



Research and Development Center as RESOLVED between The Hon. Prime Minister Leona Marlin-Romeo, Hon. Minister Mikolos Giterson, Mr Denicio Wyattte in WITNESS of Ms Marie Louise, Mr Clifton Wilson and Member of the Prime Ministers Cabinet on

Nov 2, 2018 Between 2:45 and 3:30pm at the Prime Ministers Office at the Government Administration Building in Philipsburg St Maarten.

A meeting was scheduled with the sectary of the Prime Minister cabinet for On Nov 2 2018 between

myself and Hon. Prime Minister Leona Marlin-Romeo.

During the course of the meeting a number of issue were discussed pertaining to the progress and finalization of documentation for the land where the St Maarten Agricultural Research and Development

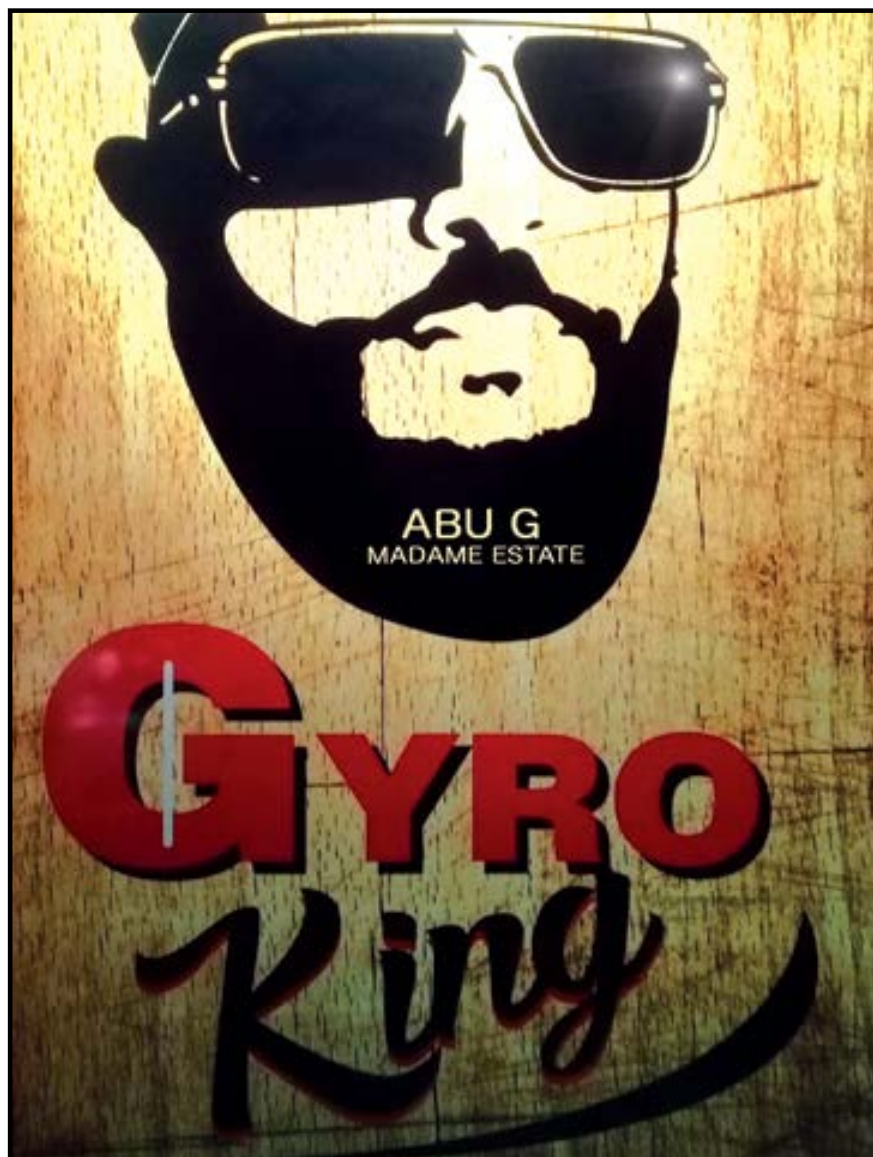
Center was developed and resides. During the duration of this meeting you took action and additional effort to called out the Minister of VROMI on the spot to attend the sit in and to come with an incentive to allow the Agricultural Center to move forward and get the rest room completed just in time for the tourist season, community activities and educational tours while we await the finalization of our paper work...

After many years of mental strain and injustice to our humanitarian needs, wellbeing and livelihood, being violated constantly by local government especially from within the Ministry of VROMI, it has truly been some challenging times while only trying to cater for our communities and families. You have been one out of many

that took time to listen, review and ACT. It didn't take you a matter of years or months, JUST MINUTES. This shows that there is potential in our leaders and allot can be done by our local government with the right people in the right places, that work in the best interest of the people.

I didn't agree with the decision of the Minister of VROMI to put a galvanized roof on the restroom area which will cost more as the structure was already prepared and material were already allotted for the concrete roof! This can also be demonstrated and seen as poor decision making knowing we are in a hurricane venerable region and the financial situation most of us face in these

**CONTINUED ON PAGE 5**



Over 200+ Kilos of organic produced harvested between the Months of Oct - Nov 2018

# ROTARY ST. MARTIN SUNSET HIGHLIGHTS AGRICULTURE ON ST. MARTIN

**SINT MAARTEN (PHILIPSBURG)** - As part of Economic and Community Development, celebrated during the month of October, the Rotary Club of St. Martin Sunset focused on highlighting and promoting Agriculture on St. Martin.

Agriculture plays a fundamental role in the economic growth of major countries worldwide. However, the agriculture trade on St. Martin has been overlooked as a viable industry for sustainable growth.

The goal of agriculture sustainability is to meet society's food and textile needs in the present without compromising the ability of future generations

to meet their own needs. A sustainable agriculture seek to integrate three main objectives: a healthy environment, economic profitability, and social and economic equity.

The Rotary Club of St. Martin Sunset in supporting and promoting local economies, decided to highlight the importance of agricultural trade through a series of interviews with some of our local agriculturalists.

The club interviewed Denicio Wyatte of Spaceless Gardens and ECO St Maarten Research and Development Foundation, Ras Bushman of the Freedom Fighters Ital Shack, and Ras



Ras Touzah Jah Bash and members of Rotary Sunset, Lailoni Verwoord, Jaida Nisbett, Kimberley Duzong and Armand Meda.

Touzah Jah Bash of "4Real we Agree with Culture".

Each agriculturalist took the members of the Rotary Club

of St. Martin Sunset through a tour of their gardens and

provided knowledgeable information on the benefits of investing time and resources in our agricultural development.

The Rotary Club of St. Martin Sunset would like to thank all three agriculturalists for entertaining the club and providing insight on the importance of agriculture and its role in the development of an eco-friendly and sustainable industry for economic growth.

The general public is encouraged to view the Mini Docu series via the club's Facebook page at <https://www.facebook.com/rotarysxmsunset>.

## WYATTE: LETTER TO PRIME MINISTER...FROM PG 4

challenging times. Although this is a poor and unwise decision towards building back a more stronger and resilient St Maarten, I accepted because I have to live, survive and try to get my life back together..

At one point you asked if "Wyatte" can have something on paper in the mean time, the Minister of VROMI said he is leaving the Island on Nov 3, 2018 and We have his word that I can go ahead and put the temp Galvanize roof until he is able to finalize my paper work which can run all the way into January 2019. I have been faced with dilemmas such as this before where it is also uncertain if government doesn't fall or change, thus making it once again a challenge to restart the process with a new minister.

I put full confidence in the words of the Minister of VROMI that there will be NO DISTURBANCES during this process as promised to me, The Prime Minister and other witnesses in the room..

Because of the instability at times in government, I use a public post on my FB

Page on Nov 9, 2018 and this official request to the Minister of VROMI and Prime Minister to get the leniency grant / exemption documented as (You) The Prime Minister suggested to avoid any further delays by future ministers that may not understand the full extent and nature of this matter. I am pleased that both you and the Minister of VROMI were able to bring a peace of mind to us, our community, visitors, students, families and country, that there is still hope

for Agriculture.

I now understand why you may now be the most hated at the moment in your efforts to work with and alongside the dutch.. I feel it's because you have a heart and truly want to work in the best interest of our people and this goes against out current government standards ...

I just want to say Thank you to the minister of VROMI and a special THANK YOU to Prime Minister Leona Marlin-Romeo. Thank you for making a dif-

ference Prime Minister.

"We must remember that no one is promised tomorrow. So once we're in the right place, at the right time, to do

the right thing, then it must mean that we are actually chosen to make a difference Today." - Wyatte

One Love, let's keep agricultural awareness up and

running for Country St Maarten!

Wishing you much Health, Strength and Blessings,

**Mr D. Wyatte**

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# COMMUNITY MEMBERS MAKING A DIFFERENCE



New members of the St Maarten Agricultural Research and Development Center

**OVER THE PAST** few weeks, in effort to raise funds to complete the rest room facility at the St Maarten Agricultural Research Center after receiving permission from the Prime Minister and the Minister of VROMI. Wyatte or Smoothie, 1 time per month for the entire year of 2019

to be a very positive initiative and was embraced by many towards accomplishing the above.

The membership program started out with allowing 22 slots that motivated community members to donate \$100 per slot. Thus far the outreach challenged has raised \$1800 of the \$2200 that was budgeted toward materials.

Many, now newly members are excited to be a part of the organic food movement and look forward to the many great benefits in store for the year

2019 once the center is completed. Most community members just wanted to be a part of something worthy, something that will contribute toward changing lives, something that will benefit our country for generations to come and saw where they can play their part even as little as it may be towards safeguarding agriculture for tomorrow.

'It's not about the donation, but more about giving an opportunity to those that would like to see agriculture become a reality,

give them a chance to contribute in any which way they can towards their community. In the end, it also demonstrates that we the members of the community are willing to invest in our own communities and can be able to get things done if we come together collectively. I am proud of all the community members that reached out, they continue to give me strength and a more sturdy belief that agriculture will become a reality one day for country St Maarten, because we

the people ourselves are willing to invest in it once we have the chance to." Wyatte expressed.

The membership program offers community members a membership card and few great benefits that are surely hard to refuse such as:

- 10%-20% off organic produce
- Receive Monthly free herbal produce and info on how to use it for your personal health benefit
- VIP access to Exclusive community events in the future
- One Free Meal

or Smoothie, 1 time per month for the entire year of 2019

• For businesses or entrepreneurs : Advertising 1x4 space in Cultural Xpression based on your contribution.

After making their contribution community members received a package of produce of their choice based on availability from the garden..

Currently there are 4 membership slots available and

**CONTINUED ON PAGE 8**

**WEEKDAY SCHEDULE**

**THE SUPPA DUPPA MORNING SHOW**  
W/ SUPPA | WEEKDAYS 7AM - 10AM

**THE AM/PM WORKLOAD SHOW**  
W/ GEE MONEY | WEEKDAYS 10AM - 2PM

**THE POWER HOUR**  
W/ THE CUT CREATOR DJ OUTKAST | WEEKDAYS 2PM - 3PM

**SAGAN'S PLAYGROUND**  
W/ SAGAN | WEEKDAYS 3PM - 6PM

**SPECIALITY SHOWS**

**DIRTY DUTCH MUSIC**  
W/ CHUCKIE | FRIDAYS 10PM - 11PM

**DI-NAMIX TOP 40 COUNTDOWN**  
W/ JOE WARRICK | SATURDAYS 3PM - 6PM

**DJ POWER MIX SHOW**  
W/ DJ POWER | SATURDAYS 9PM - 10PM

**A STATE OF TRANCE**  
W/ ARMIN VAN BUUREN | SATURDAYS 11PM - MIDNIGHT

**WADE-O RADIO SHOW**  
W/ DJ WADE-O | SUNDAYS 12PM - 2PM

**FEEL RADIO**  
W/ KP LONDON | SUNDAYS 3PM - 4PM

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# THE FARMERS SEE: HEALTH BENEFITS OF LULO FRUIT PT 3



**HEALTH BENEFITS** of Lulo ( Naranjilla) Fruit

**(12) Aids In Managing Cholesterol Level**

Regular and moderate consumption of lulo fruit has been found to be very beneficial for managing cholesterol level in our system. Keeping cholesterol level under control is very important as it can otherwise give rise to cardiovascular problems like heart stroke, heart attack, blockage of arteries etc.

This benefit of lulo fruit is mainly due to the presence of dietary fibers in them. The dietary fibers present in the naranjilla fruit aids in removing bad LDL cholesterol from our system, and also boost the production of good HDL cholesterol.

Other nutrients like vitamins and minerals also play a significant role in managing cholesterol level.

By managing cholesterol level, it reduces the risk of atherosclerosis which in turn helps in keeping our cardiovascular

system healthy.

Atherosclerosis is a condition of the hardening of the arteries. This happens when our arteries get clogged with plaque and fat deposits.

**(13) Improves Blood Circulation**

Lulo fruit has been found to be very beneficial for improving blood circulation in our system. A healthy and improved blood circulation is very important for keeping us healthy. This is because our cells, tissues and all vital organs get all the nourishment they needed from the blood.

This benefit of lulo is mainly due to the presence of dietary fibers in them. The dietary fibers present in this citrus fruit aids in removing bad LDL cholesterol from our system, and this prevents our arteries from getting clogged by the plaque and fat deposits.

When our arteries are free of fat deposits then it means blood can flow through it in an efficient manner and our heart doesn't

have to put on an extra effort. This improves blood circulation and ensures that our blood reaches to every cell of our system in an efficient manner.

By improving blood circulation in our system, naranjilla fruit also improves our cardiovascular health and thus reduces the risk of heart attack, heart stroke, irregular heartbeat and so on.

**(14) Aids In Regulating High Blood Pressure**

Consuming lulo fruit on a regular and moderate basis has been found to be very beneficial for providing relief from hypertension or high blood pressure.

Hypertension is a major health problem that affects millions of people around the world and is a leading cause of various cardiovascular problems like heart attack, heart stroke, irregular heartbeat and so on.

This benefit of lulo fruit is due to the presence of "Potassium" in it. Potassium

**CONTINUED ON PAGE 8**



- FOOT DETOX ● TEAS
- NATURAL DETOX ● FACIALS
- SAUNA ● SKIN CARE
- TI-SANE ● COUNSELLING
- DEEP TISSUE ● SESSION
- MASSAGE ● CONSULTATIONS



Tee-Zan / page + profile

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**In This Issue**

- Foot Detox
- Sauna / Natural Teas
- Deep Tissue Massage
- Ti-sane / Counselling
- Facial care / mask
- Skin Care
- Consultations

# THE FARMERS SEE: LULO PT3...FROM PG 7

is a vital nutrient that acts as a natural vasodilator which means it relaxes our blood vessels, improves blood circulation and thus helps in providing relief from high blood pressure or hypertension.

In addition to this, lulo fruit is also a good source of antioxidants like vitamin C, vitamin A and other antioxidant compounds like phytonutrients and polyphenols etc. that protects our circulatory system like blood vessels, cartilages etc. from the oxidative damage caused by the free radicals.

This citrus fruit is also a good source of dietary fibers that reduce the level of bad LDL cholesterol in our system. This prevents our arteries from getting clogged by plaque and fat deposits, and thus reduces the risk of atherosclerosis.



Atherosclerosis is a condition in which our arteries get narrow and hardened because of the accumulation of plaque and fat deposits in them, and this effect blood circulation in a negative manner as our cardiovascular system has to put on an extra pressure giving rise to high blood pressure.

### (15) Good For Our Cardiovascular System

Regular and moderate consumption of lulo fruit has been found to be very beneficial for our heart and aids in keeping our cardiovascular

system healthy.

This benefit of lulo fruit is mainly due to the presence of many nutrients like vitamins, minerals, antioxidants and dietary fibers etc. in them.

The dietary fibers present in the lulo fruit reduces the level of bad cholesterol from our system which can otherwise get clogged up in our arteries giving rise to atherosclerosis. Atherosclerosis is a condition of hardening of our arteries due to the clogging of plaque and fat deposits in them, and thus reduces the risk of var-

ious cardiovascular problems.

Lulo is also a good source of potassium which acts as a natural vasodilator which means it relaxes our blood vessels, improves blood circulation and provides relief from high blood pressure, which is a leading cause of various cardiovascular problems like heart attack, heart stroke, irregular heartbeat etc.

In addition to this, the antioxidants present in the naranjilla fruit also plays a significant role in improving our cardiovascular health. This is because it protects vital organs of our cardiovascular system like heart, blood vessels, cartilages etc. from the oxidative damage caused by the free radicals and thus maintains their overall health.

## COMMUNITY MEMBERS MAKING A DIFFERENCE...FROM PG 6

Wyatte is currently thinking on expanding the membership slots based on demand.

Community members that are interested in still making a contribution towards becoming a member can inbox Wyatte on FB, call 553 6300 or add this network number to their Whatsapp +17215244733.

For members that have reserve slots but still have to make the contribution, please do so asap as your effort is much needed toward us reaching the next step. This is to avoid your slot being made available to a next contributor as we will be opening the slots from those that have reserved but didn't not fulfill the contribution as yet.

Slots will continue to be reserved for those that requested it to be placed on hold until Nov month end. Other slots that have not been confirmed will be allotted to another contributor if not reserved accordingly.

"Thanking everyone that have made their contribution thus far. This is possible because of YOU. Thank You"- Wyatte

The membership program is a community outreach effort created by Mr Wyatte of Spaceless Gardens and supported by Eco St Maarten Agriculture Research and Development Center

## BY ALLRECIPES VEGATERIAN AND VEGAN RECIPES

### Vegan Chocolate Cake



#### INGREDIENTS

- 1 1/2 cups all-purpose flour
- 1 cup white sugar
- 1/4 cup cocoa powder
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1/3 cup vegetable oil
- 1 teaspoon vanilla extract
- 1 teaspoon distilled white vinegar
- 1 cup water

#### DIRECTIONS

Prep 20 m | Cook 10 m | Ready In 30 m

Preheat oven to 350 degrees F (175 degrees C). Lightly grease one 9x5 inch loaf pan.

Sift together the flour, sugar, cocoa, baking soda and salt. Add the oil, vanilla, vinegar and water. Mix together until smooth.

Pour into prepared pan and bake at 350 degrees F (175 degrees C) for 45 minutes. Remove from oven and allow to cool.

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## I WAS WRONG ON CLIMATE CHANGE. WHY CAN'T OTHER CONSERVATIVES ADMIT IT, TOO? P1

**By Max Boot** - Columnist at the Washington Post  
**Nov 26, 2018**

I admit it. I used to be a climate-change skeptic. I was one of those conservatives who thought that the science was inconclusive, that fears of global warming were as overblown as fears of a new ice age in the 1970s, that climate change was natural and cyclical, and that there was no need to incur any economic costs to deal with this speculative threat. I no longer think any of that, because the scientific consensus is so clear and convincing.

The Fourth National Climate Assessment, released Friday by the U.S. government, puts it starkly: “Observations collected around the world provide significant, clear, and compelling evidence that global average temperature is much higher, and is rising more rapidly, than anything modern civilization has experienced, with widespread and growing impacts.” The report notes that “annual average temperatures have increased by 1.8°F across the contiguous United States since the beginning of the 20th century” and that “annual median sea level along the U.S. coast ... has increased by about 9 inches since the early 20th century as oceans have warmed and land ice has melted.” The report attributes these changes to man-made greenhouse gases and warns: “High temperature extremes, heavy pre-

cipitation events, high tide flooding events along the U.S. coastline, ocean acidification and warming, and forest fires in the western United States and Alaska are all projected to continue to increase, while land and sea ice cover, snowpack, and surface soil moisture are expected to continue to decline in the coming decades.”

The U.S. government warnings echo the United Nations’ Intergovernmental Panel on Climate Change. In October, it released a report that represented the work of 91 scientists from 60 countries. It describes, in the words of the New York Times, “a world of worsening food shortages and wildfires, and a mass die-off of coral reefs as soon as 2040.” The wildfires are already here. The Camp Fire blaze this month is the most destructive in California history, charring 153,000 acres, destroying nearly 19,000 structures, and killing at least 85 people. The second-most destructive fire in California history was the one last year in Napa and Sonoma counties. The Yale School of Forestry and Environmental Studies notes that climate change has contributed to these conflagrations by shortening the rainy season, drying out vegetation and whipping up Santa Ana winds. Massive hurricanes are increasing along with wildfires — and they too are influenced by climate change.



It’s time to sound the planetary alarm. This is likely to be the fourth-hottest year on record. The record-holder is 2016, followed by 2015 and 2017. A climate change website notes that “the five warmest years in the global record have all come in the 2010s” and “the 10 warmest years on record have all come since 1998.”

Imagine if these figures reflected a rise in terrorism — or illegal immigration. Republicans would be freaking out. Yet they are oddly blasé about this climate code red. President Trump, whose minions buried the climate-change report on the day after Thanksgiving, told Axios: “Is there climate change? Yeah. Will it go back like this, I mean will it change back? Probably.” And, amid a recent cold snap, he tweeted: “Brutal and Extended Cold Blast could shatter ALL RECORDS - Whatever happened to Global Warming?”

By this point, no one should be surprised that the president can’t tell the difference between short-term weather fluctuations and long-term climate trends. At least he didn’t re-

peat his crazy suggestion that climate change is a Chinese hoax. Yet his denialism is echoed by other Republicans who should know better.

Sen. Joni Ernst (R-Iowa) told CNN “Our climate always changes and we see those ebb and flows through time. ...

### MORE IN DEC 2018 EDITON



### RAS ITAL CONFESS

No one really wants fi-admit dem truth, not even to dem selves. Is like ya nah want fi look in the mirror and admit ya eat too much, thats why ya a gain weight. Same way, we a turn di whole world backward and quicker fi blame it pun someoneise. Time fi some a dem a come to realty before reality a mek dem confess !

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 THE SOUNDS OF THE CARIBBEAN

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**EL TOKÉ LATINO**  
 W/ SUPER RICKY & DJ EAGLE  
 WEEKDAYS 2PM-6PM

**MIX ANTIANO SHOW**  
 W/ J.C. ANTONIA  
 SATURDAYS & SUNDAYS 6PM-9PM

**FREQUENCY MIXSHOW**  
 W/ DJ CROWN PRINCE & BARRIE HYPE  
 SATURDAYS 9PM-10PM

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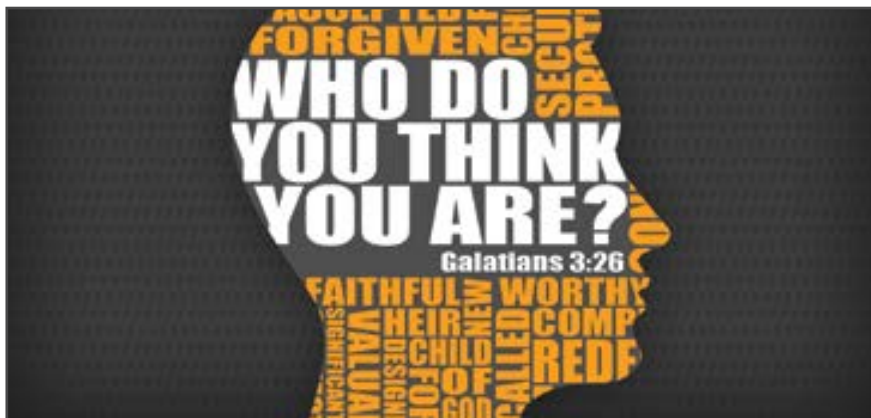


# WHAT YOU THINK ABOUT YOU BRING ABOUT!!!!

**HAVE YOU** ever been in a situation where your mind was so clouded with day to day issues?

At one point it made you think the worst would happen, and then it did. What do you make of this, do you think you're psychic? A lot of folks walk around in their day to day lives and feel like they are failures and won't make it far in life. With all that negative energy swirling around in their minds and lingering in their thoughts, they walk around expecting the worst to happen. They do this even if they have the ability to perform well and excel in whatever area in their lives. The negative thought in their minds has them expecting the worst no matter what.

It's just like waking up and grabbing yourself the morning



paper, you get to the horoscopes, it reads today your number is 8 and you are going to be offered a position that will change your life forever. Now, here's where we allow ourselves to be caught up in the horoscope shenanigans. You read you're going to be offered a great position, so you go around looking for that position or opportunity that would give that life changing opportunity. You take that leap of

faith and end up being totally wrong.

I believe that we all are millionaires we just need that positive energy around us to motivate you enough to bring out that idea that will take you to the top. Over the past few years me and a really close friend of mine was going through a rough patch. We decided we needed a break and to change our scenery into seeing things differently. At the time,

the movie "War Room" was out so we went to watch it. Wow is all I can say, this movie change the whole way I saw things and dealt with different situations. You see, most of the time when we are going through our tough times we we feel like the world is on our shoulders. What if I told you that that very job you are annoyed with someone else would be happy to have.

We take a lot of things in life for granted and keep allowing negative thoughts to fill our minds. Start thinking of how great it would be to start your own business

and travel the world. Start thinking positive in and positive out like me and my friend did, watch how things will change and start to look better. I'm going to be totally honest here with you. At one point I was down on my luck and everything that could of gone wrong did. It was not only my positive attitude that turned things around for me, but also my resilience and prayers to my Heavenly Father. See we all know that prayer without faith is dead work. So, in light try changing the energy you put out so you can make way for what comes back to you. Start with a different approach, train your mind to see good in everything. Know that positivity is a choice, the happiness of your life depends of the quality of your thoughts. Sometimes when you can't control what's happening, challenge yourself to change the way you respond to it. Trust me, that's where the power is. This brings

us back to our title, "What you think about you bring about". Always remember to think the best of yourself, know that you are beautiful, you are handsome, you are worthy, you are important, you are special, you are unique, you are wonderful, you are talented, you are irreplaceable and most importantly you are blessed and highly favored. Nothing in this world we live in is impossible for you, the word itself reads I'm-Possible. Always remind yourself that once you start taking care of yourself and start thinking positive, You start feeling better, looking better and you start to attract better. So, it all starts with you.

Hope you enjoyed and I wish nothing but the best for you and for all days ahead to be more positive and full of happiness. Stay blessed and express yourself.

**Written By Latoya Ruan 19 Nov 2018**

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## THE ART OF BEING HAPPY PT2

Byartofliving.org

### 5 Know That Everything Is Temporary

None of the events are permanent; pleasant or unpleasant, all pass and move away.

When you realize that everything is temporary, and it all fades away, then you can be perpetually happy.

### 6 Dedicate You Life To A Larger Goal

The key to happiness in life is to not stay stuck in 'Me, me, & mine'. Dedicate your life to some larger goal or to the service of others around you, then you will find that only happiness flows through your life.

### 7 Take The Decision That 'I Will Not Allow Any Situation To Bog Down My Happiness'

You Have To Take This Decision, Nobody Else Can Take It For You.

There is nothing great in smiling when everything is normal, and when everything is going the way you want. But if you awaken the valor inside of you, and say, 'Come what may, I am going to keep smiling', you will notice tremendous energy rise from within you. Then problems will feel like nothing; they just come and disappear.

Being happy, keeping the environment around you happy, and not losing your

smile come what may, is the real sign of enlightenment.

### 8 At All Costs, Save Your Mind!

In your day to day life, people come and put some negativity in you, and that makes your mind and your determination shaky. Don't let this happen. Put a filter to your ears and just smile through it.

It is natural and common that people will put out some negativity, but when you are deeply connected with your Self, and when you have intuition, then you will just smile through all such incidents.

**MORE IN DEC 2018 EDITON**

**CARIBBEAN ARTIST** always seem to bring the right touch to the party. CX brings you closer to some of your favorite Afro-Caribbean artist. This month we touch based with a Caribbean artist of Jamaican roots that has been in the music scene for some time now and has been making a name for himself around the party scene. As Dancehall music spreads throughout more and more ears around the world, there are many Caribbean artist such as Runkie Hytz that are adding their unique swag to the continuous growing sector. With so much talent to offer as Caribbean Artist, it's just a matter of consistency, hard work and patience before they can find the right Dj, like Neako Fire, Connect with a Studio, and release a song to make the woman them Wine and Brace.

In the Nov 2018 Edition we bring to you, from the Caribbean to the World, Runkie Hytz:

**Whats your name and Which part of the Caribbean are your currently residing ?**

Arnet Garden, from Trench Town, currently living in Florida.

**How did the name Runkie Hytz come about ?**

Runkie is a childhood name & the Hytz was a added on when I was a adult.

**Was the Dancehall Genre always your first choice, If not, please mention why you changed genres?**

Yea man, Dancehall was my first choice.

**How long have you been doing Music in this field as an artist?**

8years

**What challenges, if any, do you face being a Dancehall artist?**

My challenges was to get recognition plus airplay.

**What are your observations of the music scene in the Caribbean and World, how can your style as an artist add to it?**

Music need a little shake up & my style different in terms of writing skills plus a message within my songs.

**Why do you think so much Talented Caribbean artist struggle to make it in the industry?**

Because, a ot of artiste are not being themselves, plus the talented ones are mostly independent so it is twice as hard.

**What genres of music do you feel have a great impact on the outside world influenced by our Caribbean culture?**

Reggae

**What would you like to see change or adapted in the Caribbean that will help inspire you and other artist to be more productive?**

More love and unity with each other.

**Do you think making music, alone, an artist can be able uphold a sustainable lifestyle and responsibilities?**

Yes it can, good music.

**Beside international artist, which underground Caribbean Artist do you listen to ?**

I am a lover of music so I don't really have a favorite underground artiste.

# EXCLUSIVE INTERVIEW

By Wattzz Publishing

## RUNKIE HYTZ - FLORIDA, JAMAICA TO THE WORLD



**Name a few artist you enjoyed working with. also mention who you would like to collaborate with in the near future ?**

So far I haven't colab with any big names yet, but I would to work with a Romain Virgo, Sizzla, Busy Signal or Agent Sasco.

**What keeps you motivated currently?**

My family & good friends

**Who or what are some of your biggest inspirations ?**

Bob Marley is my biggest inspiration with is work ethics, determination alongside the struggles of the ghetto and most importantly my mother who raise me without a father. Plus my kids that I sincerely love.

**Where do you see yourself in the next year?**

To be in the top 5 Reggae/Dancehall artist.

**What can the Caribbean & World Expect next from Runkie Hytz?**

The world can expect the release of my Ep Feb 2019.

**If you could be anywhere in the world right now, where would it be?**

I would want to be in Jamaica, the land we all love, my birth place.

**Cultural News Magazine is focused on a number of community awareness building topics, most importantly Agriculture and Community Development. What are your thoughts and views of the importance of Agriculture?**

Cultivation is very important for our daily survival not just in the Caribbean but worldwide.

**What do you think can bring more community members together to focus on positive development issues for their surrounding communities?**

Music is a big part of bringing people together & sports as well, but good music, like how Bob Marley's songs help influence people today.

**As we come to the end of the Q and A interview, Please give a shout out and also some inspirational words for our Afro-Caribbean Artist and youngsters that look forward to taking on music as a career possibility! Also let the world know where they can find or purchase you music or product items!**

Nuff respect to DJ Neako Fire my team Camp Doongy, Family, Friends & most importantly my fans worldwide. Special love to you Cultural Expressions for this huge platform to express myself and what I am about in the music industry.

My advice to all youths not just musicians never stop push towards your dream nothing in life is easy, never forget Jah almighty.

You can follow me Runkie Hytz on all social media platforms and my songs available on all digital stores.

Nuff Respect goes out to Runkie Hytz, one of the Caribbean's next rising Dancehall Artist. Big up from us at CX... Cultural Xpression wishes you all the best on your journey forward!!!!

*Joe's Jewelry*

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# ECO SXM ON ROMAINE LETTUCE RECALL

**THE RECENT** recall on romaine lettuce and the outbreak of the bacterium *E. coli* O157:H7 should mark the start of St Maarten's journey to revitalize, prioritize and safeguard the agricultural sector of the Country. As St Maarten Imports roughly 100% of its consumers products, should we not ask ourselves if we are literally putting ourselves at risk and open to what ever is out there?

Over the past few years it great to know that more and more community members are willing to select a bet-



ter and much more healthier choice for organic produce if giving the opportunity and understand more about the surrounding environment and how the

food is grown and processed. This does not exclude the fact that the bacterium *E. coli* O157:H7 can also contaminate organic produce based on research done by

Beuchat, L.R. and J. Ryu. in 1997 focused on Produce Handling and Processing Practices. Emerging Infectious Diseases.

The reality is we can only understand

and try to control at best the way our food is grown, processed and packaged if we are able to oversee this process happening in our own country.

The point of contamination can range from the growing to packaging process making harder to understand where the point of contamination may have started. Their are many strains of *E. Coli* some the even the body produced to help with he body and its acid productivity. But this particular strain of *E. coli* is a main concern because of its hardiness and the severe consequences of infection and damage it may cause to the kidneys.

To understand a bit more about the bacteria, I wanted to share this context from colostate.edu where they covered a bit more indept about the origins of the bacteria.

"Many pathogens cause problems with fresh produce. *E. coli* O157:H7, however, is of particular concern because only a few cells are needed to cause illness. The illness can progress quickly to cause severe consequences in susceptible people, particularly young children and the elderly. Also, *E. coli* O157:H7 is quite hardy. It can survive for extended periods in water and soil, under frozen and refrigerated temperatures, and in dry conditions. It also can adapt to acidic conditions. The organism is destroyed by thorough cooking or pasteurization.

The first recognized outbreaks of illness caused by *E. coli* O157:H7 occurred in 1982. Undercooked hamburger meat was identified as the carrier.

While ground beef remains an important cause of outbreaks, many other foods also are carriers. *E. coli* O157:H7 infections have been associated with raw milk, lettuce, untreated

water, ground beef, unpasteurized apple juice and cider, deer jerky, produce from manure-fertilized gardens, yogurt, and radish, clover and alfalfa sprouts.

Root crops and leafy vegetables have the greatest risk of infection from manure application to soil. They can also become contaminated through direct or indirect contact with cattle, deer and sheep. *E. coli* O157:H7 is most prevalent in ruminants in general and in cattle in particular (both beef and dairy). Other known carriers include birds, insects and squirrels. While the bacteria do not appear to make these animals sick, the animals carry and shed the bacteria in their feces. Drinking and recreational water have been carriers in several outbreaks, most likely from fecal contamination by infected animals or people."

Understanding this and knowing that contamination can be breached at any point if not grown, monitored, processed and packaged with the caution applied, can only lead allowing ourselves to be venerable to what import from the outside world.

Thus going back to the fact that having a sustainable and functional agricultural center that may be able to set the right standard and conduct proper inspections towards cultivating quality produce can only be a win for country St Maarten and the health of its people.

"One thing for sure I know, is we caribbean people are real strong, because we been eating cultivated food all these years grown with pure cow S#!t and most of us never get sick yet ! LoL.

Still never to late to become a member of the St Maarten Agricultural Research and Development Center.

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# THE RISE OF ECOTOURISM IN THE CARIBBEAN

By Nandini Gosine-Mayrhoon  
potentmagazine.com

**IF YOU** were to conjure up an image of tourism in the Caribbean, no doubt it will include scenery of white sand, blue waters and blue skies. Whilst the Caribbean's pristine beaches will always draw visitors, there is a particular type of tourist who prefers the hiking and bird watching that the islands' lush vegetation and unique wildlife provide. Welcome the ecotourist - the tourist who is conscious of sustaining the environment from which he derives so much pleasure.

Ecotourism allows a traveler to become educated about the areas he is travelling to - about its physical landscape and its cultural characteristics. Importantly, ecotourism in many instances provides funding for further conservation of precious environmental resources whilst also boosting economic development. This is in adherence to The International Ecotourism Society (TIES) definition of ecotourism as: "responsible travel to natural areas that conserves the environment and improves the well-being of local people." Hence, eco-friendly resorts and accommodation are often rustic, with the focus being on getting in touch with the natural environment. The beautiful landscapes impact your vacation far more than you impact the environment.

Sustainable tourism has its origins in the 1970s environmental movement, although it was not until the late 1980s that ecotourism itself became prevalent as a travel concept (Source: About.com). The development of ecotourism mirrored the increasing environmental awareness of that time, which

brought about the desire to travel to natural locations as opposed to modern tourist resorts. Today, with a growing emphasis on environmental protection and the need to escape the stresses of city life to the sounds of nature, the Caribbean provides the ecotourist dream.

## Trinidad and Tobago

The Caribbean country currently making the biggest push in ecotourism is Trinidad and Tobago, which given its oil and natural gas resources, has historically avoided having to rely on attracting tourists to its shores. Now, with a real need to diversify its economy, ecotourism allows the islands to develop a tourist industry in a sustainable way. Trinidad, with its proximity to the South American mainland, benefits from some of the most diverse fauna and flora in the Caribbean. This, together with its wetlands, waterfalls and remote undeveloped beaches, makes the island an ideal ecotourist destination. Indeed, Trinidad won the "Best Destination for Nature Holidays" award at the recent Inaugural Telegraph Caribbean Travel Awards in June. The islands have recently unveiled a new ecotourism trail project which will commence developing trails in the mountains in north Trinidad. The hiking and biking trails will run through the rain forests and along the coastlines, allowing the islands to be enjoyed in a sustainable way.

However, ecotourism is not an entirely new concept to Trinidad and Tobago. The Asa Wright Nature Centre has been a pioneer in ecotourism, a long before the word was coined. Established in 1967 by a group of naturalists and bird watchers,



Tendacayou Eco Lodge Guadeloupe. Photo Credit: Dr Papillon and Hoedic on Flickr

the Centre covers 183 acres of protected land and is home to more than 170 species of birds. Ecotourists can book a volunteer vacation, helping maintain fruit trees and flowers, restoring trails, working in the gardens or producing coffee that's sold to visitors.

## Dominica

Trinidad and Tobago is following in the footsteps of Dominica, known as the "Nature Island" of the Caribbean. Dominica has chosen to make ecotourism, with its conservation and preservation practices, the foundation of its economic development. Dominica's lush jungles and remote rivers provide abundant opportunities for hiking and exploring and even provided the backdrop for many of the key scenes in Pirates of the Caribbean, Dead Man's Chest. Visitors may encounter Carib Indians, the indigenous people of the island. The Manicou River Resort promises a "simple, off-grid, nature experience with just the right touches of luxury" whilst Rosalie Bay promis-

es "the world's only guaranteed sea turtle experience".

Dominica was devastated by Hurricane Erika in August with one of its ecotourist resorts, Jungle Bay, reported as buried under a landslide. The island is rebuilding with the help of its Caribbean neighbors and international donors. POTENT wishes the Dominican people and its ecotourism industry a speedy recovery.

## Bonaire

Bonaire is yet another island where commitment to sustainability is strong. Wind and biodiesel provide the majori-

ty of the island's energy needs. Bonaire is one of the world's premier diving locations and has been aggressively protecting its coral reef since the 1970s. Auriga EcoLodge, Captain Don's Habitat and Finca Subi Blancu provide visitors with accommodation that doesn't ask them to leave their environmental conscience at home.

## US Virgin Islands

The Concoridia EcoResort in the U.S. Virgin Islands welcomes volunteers who can work with Friends of the Virgin Islands Nation-

al Park. The Resort is truly eco-friendly with each of its Eco-Tents equipped with a composting toilet and a solar powered hot water shower. The Eco-Tents are in fact huts which are perched like tree-houses along the hillside - ensuring fantastic views of the ocean and surrounding nature. The resort operates a "Trash to Treasures" program in which the resort's trash is recycled into craft items and fine art.

## Guadeloupe

For the hard core ecotourist, Tendacayou Eco-Lodge and Spa in Guadeloupe provides a no television, no telephone and no internet experience. The resort promises a chance to "go back to basics and enjoy living at one with nature."

## Dominican Republic

Natura Cabana in the Dominican Republic has an interesting history, having been built by a Chilean couple who fell in love with the country. It comprises a small group of bungalows, each with a unique interior designed within the concept of Feng Shui.

Natura Cabana describes itself as "a spiritual renewal center in which to relax and re-energize".

# MILLION-DOLLAR BUSINESS IDEAS YOU CAN LAUNCH FOR CHEAP (OR EVEN FREE) PT 2

By Jason Abbruzzese @ mashable.com

## 17. Website Development/Management

Since we live in a digital world, it's expected that you have a website - especially for businesses who need to drive traffic to increase sales. If you have the skills then you can start creating personalized websites for customers. Start small by developing websites on a platforms like WordPress and work your way up.

If you don't have the talent, you can teach yourself through Codecademy or hire a talented designer. Besides developing websites, offer a service like website management where you keep clients websites properly running and updated. Here is a guide to being a better programmer.

## 18. Graphic Design

Businesses are also in need of talented creatives to tell their story through branding. This could be anything from designing a logo, advertisements, newsletter, magazine, flyer, or information sheet. Need inspiration? Nicky Laatz works from



plates and has made a cool million dollars selling them online.

## 19. Internet Security Consultant

Thanks to hacking, scamming, and viruses, security is a priority for both businesses and individuals. Besides your expertise and some marketing, it doesn't cost much to protect the hardware and software of others. Those handling sensitive information are more than willing to pay you a pay bundle to keep that info safe.

## 20. Pet Care

Americans dropped a whopping \$62.75 billion on their pets in 2016. That amount is expected to increase

try you could go with traditional business ideas like dog walking, grooming, training or pet sitting. The real money shaker is by producing organic pet food and treats.

## 21. Lawn Care/Snow Removal

Do you have a green thumb, enjoy being outside, and equipment like a lawn mower, weed wacker, chainsaw? Then why haven't started your own lawn care business yet? Since you already have the tools to get started, the main cost is advertising and marketing your business. If live in a region where you have snowy winters then offer snow removal services as

you just need to invest in snow shovels and a plow.

## 22. Editorial Service

An editorial services business is incredibly easy to start, doesn't require an initial monetary investment, and has the potential for expansion once you're established. Additionally, you could offer your services from both small and large businesses, as well to authors and students. Speaking of services, you could offer everything from copywriting, ghostwriting, proofreading, editing and indexing.

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# BLAIR RETURNS FROM RUSSIA

**GREAT BAY, St. Maarten** – Shawn Blair, President of St. Maarten National Boxing Federation recently returned from Russia where he attended the 2018 AIBA Congress. Blair stated that it was a successful trip for the St. Martin National Boxing Federation in terms of what they were able to accomplish for the sport of amateur boxing.

“We will get a 3-star coach from Guyana to come to

St. Maarten and train our boxers and our coaches,” said Blair. “We were also able to make an agreement with Ecuador to send our boxers to Ecuador to train.”

Blair hopes to have a Caribbean National Team for the 2024 Olympic Games, so the Caribbean will identify a couple of boxers and place them into a national training camp so outside of that they can come and represent their coun-



Mr Shawn Blair , President of St Maarten National boxing Federation.

try's and go back to the training camp.

721 News was further told by Blair that St. Maarten have the first option of hosting the 2019 Caribbean Development Tournament. “We have to first submit a letter of guarantee that we can do so.” On behalf of the St Maarten National Boxing Federation Blair congratulated AIBA new elected president Mr.Gafur Rahimov

# MALCOLM PHILLIPS WINS FIRST FIGHT

**Kissimmee, Florida / Sint Maarten** — Malcolm Phillips has been successful in his first fight at the Sugar Bert Amateur Boxing event in Kis-

simmee, Florida on Saturday.

Malcolm told 721 News that it is an honor for him as this is his first big international fight. “In

my training I focused more on foot, head and body shots,” said Malcolm.

He further stated that he is excited for his fight today and

I'd very confident.

Coach Earl Duzong mentioned that the last two days they trained very hard especially seeing that the temperatures in Florida dropped.

“Because of the lower temperatures the sir is thinner

which would make our fighters become tired faster, but he was successful,” said Duzong. Sunday Malcolm will be fighting Joseph Drubiller you can follow the fight directly on the Sugar Bert Boxing website or via 721 News Facebook page.

Duzong would like to thank the following sponsors who are making this trip possible, they are: Pineapple Pete & Wasabi Charlie, Island Real Estate and Juliana Airport Handlers.



Malcolm Phillips ( Right) at the Sugar Bert Amateur Boxing event in Kissimmee, Florida on Saturday.

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